# The Dissociation Association Online Music Therapy Support Group

Peer Facilitated by Neurologic Music Therapist Karrie C. Hardin, MT-BC, NMT

This CLOSED GROUP provides an opportunity for individuals to share personal experiences and feelings, coping strategies, and firsthand information about PTSD, C-PTSD, PTSD with DISSOCIATION, DID, DEPERSONALIZATION/DEREALIZATION and DISSOCIATIVE AMNESIA.

#### WHO WE ARE

Karrie is a Neurologic Music Therapist and researcher living with Complex PTSD and Dissociation. Her research and practice emphasis is the neurological implications of trauma and the diverse avenues that promote healing and healthy relationships with self and others.

### **GUEST PRESENTERS**

Other peers and peer/professionals will share the tools they have found helpful on their paths to healing.

#### YOU

You are looking for others who understand the impact trauma has on our lives, and are curious to learn how to use music to heal psychological and emotional injuries, increase well-being and health.

## **CONTACT KARRIE**

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